

## PARKS& Programs RECREATION AUGUST 2025 & Events

SUN	MON	TUE	WED	THU	FRI	SAT
PARK	-332-8805 S.REC@CITYOFBASTROP.ORG OFBASTROP.ORG/RECREATION	FREE YOUTH & FA		FREE ADULT PROGRAMS FEE-BASED PROGRAMS	1	Water Fitness - 10:30AM Bastrop State Park Pool
3	4	5 Discovery Days - 9AM Bastrop State Park  Water Fitness - 10:30AM Bastrop State Park Pool  Capoeira Workshop - 1PM Rec Center	Discovery Days - 9AM Bastrop State Park  Boot Scootin' - 6:45PM @ Rec Center	Discovery Days - 9AM Bastrop State Park  Water Fitness - 10:30AM Bastrop State Park Pool	Full Moon River Ride - 9PM @ Bob Bryant Park	9 Water Fitness - 10:30AM Bastrop State Park Pool
10	11	12	Boot Scootin' 6:45PM - Rec Center	Water Fitness - 10:30AM Bastrop State Park Pool	Movelt Community Jam 6:30PM @ Rec Center	Water Fitness - 10:30AM Bastrop State Park Pool  Tiny Connections - 11:45AM @ Rec Center
17	18	19	Boot Scootin' 6:45PM - Rec Center	21 Water Fitness - 10:30AM Bastrop State Park Pool	22	23 Water Fitness - 10:30AM Bastrop State Park Pool
24/ 31	25	26	Boot Scootin' 6:45PM - Rec Center	28 Water Fitness – 10:30AM Bastrop State Park Pool	29	30 Water Fitness - 10:30AM Bastrop State Park Pool



## **About Our Programs & Events**

**Boot Scootin' -** (Basics) Consists of lower impact, slower, symmetrical more entry level line dances. Great for beginner to intermediate levels. (Blitz) Consists of higher impact, faster, asymmetrical more difficult line dances. Great for intermediate to advanced levels.

**Capoeira Workshop** - Dynamic Capoeira workshop where rhythm, movement, and culture come together! This immersive experience blends martial arts, dance, acrobatics, music, and the rich traditions of Afro-Brazilian

**Discovery Days -** Youth summer exploration program in partnership with the Family Crisis Center and We Are One Foundation designed to give kids the opportunity to seek, explore, and DISCOVER! Activities will include STEM, nature, art, and movement. We will also have guest speakers as well!

**Full Moon River Ride -** FREE event in partnership with Bastrop River Company! We will kayak from Bob Bryant Park to Fisherman's, where we will see the full moon rise over the Old Iron Bridge. It will be a spectacular sight to see!

**Move It Community Jam -** Discover the spirit of Brazil through Samba. During this free workshop, we will create our own Carnaval experience. You will learn the fundamental samba steps seen in Rio's famous Carnaval parades.

**Water Fitness -** Choreographed workout routine in the water. The classes focus is on aerobic endurance, resistance training, and creating an enjoyable atmosphere with (may be coordinated with music).